

(Body Mass Index of FRO Batch (2021-23) for the Month of August, 2021) Date.09.08.2021 Time: 11:00AM

| S.N. | Name of Forest Guard Trainee | Underweight (<18.5) | Healthy (18.5-24.9) | Over Weight (25-29.9) | Obese (30-39.9) | Extremely Obese (>40) |
|------|------------------------------------|------------------------|------------------------|--------------------------|--------------------|-----------------------------|
| 1 | Sh. Sreeju S. | | 22.1 | | | |
| 2 | Sh. Muhammed Swabeer J. | | 20.4 | | | |
| 3 | Sh. Rajasekharan P. | | | 29.4 | | |
| 4 | Sh. Vipin Chandran V. | | | 29.4 | | |
| 5 | Sh. Sanjeev Kumar R. | | 23.2 | | | |
| 6 | Sh. Prabeesh N.K. | | 24.1 | | | |
| 7 | Sh. Mukesh M.K. | | 24.7 | | | |
| 8 | Sh. Jayan K.S. | | 23.4 | | | |
| 9 | Sh. Arunkumar E.D. | | 24.3 | | | |
| 10 | Sh. Sreejith K. | | | 28.7 | | |
| 11 | Sh. Shinoj K.S. | | | 26.1 | | |
| 12 | Sh. Sh. Nikhil Jerome | | 23.5 | | | |
| 13 | Sh. Tomin J. Aranjani | | 23.5 | | | |
| 14 | Sh. Safeer N. | | | 27.4 | | |
| 15 | Sh. Jinesh K.P. | | 22.9 | | | |
| 16 | Sh. Arun Kumar K. | | | 29.7 | | |
| 17 | Sh. Praveen R.S. | | | 25.9 | | |
| 18 | Ms. Lekha C | | | 27.8 | | |
| 19 | Ms. Nadha T.P. | | 24.7 | | | |
| 20 | Ms. Priyanka Patel | | 21.4 | | | |
| 21 | Sh. Bhoopendra Singh | | 24.1 | | | |
| 22 | Sh. Mohammad Sakib | | | 25.3 | | |
| 23 | Sh. Gautam Kumar | | 24.5 | | | |
| 24 | Sh. Yogesh Kumar | | | 28.7 | | |
| 25 | Sh. Madan Pal Singh | | 24.5 | | | |
| 26 | Sh. Manoj Pal Singh | | | 26.4 | | |
| 27 | Sh. Virendra Pratap | | | 25.1 | | |
| 28 | Sh. Aditya Kumar Yadav | | | 27.4 | | |
| 29 | Sh. Abhishek Singh | | | | 31.4 | |
| 30 | Sh. Ashish Kumar | | | 25.1 | | |
| 31 | Ms. Himadri Kureel | | 22.1 | | | |
| 32 | Ms. Sonal Verma | | | 26.3 | | |
| 33 | Ms. Puneeta yadav. | | | 28.4 | | |
| 34 | Sh. Ashutosh Singh | | 21.6 | | | |
| 35 | Ms. Sangareswari | | 21.6 | | | |
| 36 | Sh. Boyina Veerendra | | 24 | | | |
| 37 | Sh. Payyavulu Venkaiah Chowdary | | | 26 | | |
| 38 | Sh. Kamarajugadda Manikantesh | | | 28.4 | | |
| 39 | Sh. Visanagari Srikanth | | 19.8 | | | |
| 40 | Ms. Naga Santosh Anusha | | | 25 | | |
| 41 | Ms. Ponnada Jyothirmaya | | 23.3 | | | |

←-----Reduced Risk Increased Risk ----->

| BMI | Category | Legend/Color |
|---------------------------|----------------|--------------|
| Underweight | Less than 18.5 | |
| Normal Weight | 18.5-24.9 | |
| Overweight | 25-29.9 | |
| Obesity (Class-I) | 30-34.9 | |
| Obesity (Class-I) | 35-39.9 | |
| Extreme Obesity (Class-2) | 40+ | |

Happiness lies, first of all, in health

